



# New Patient Health History Form

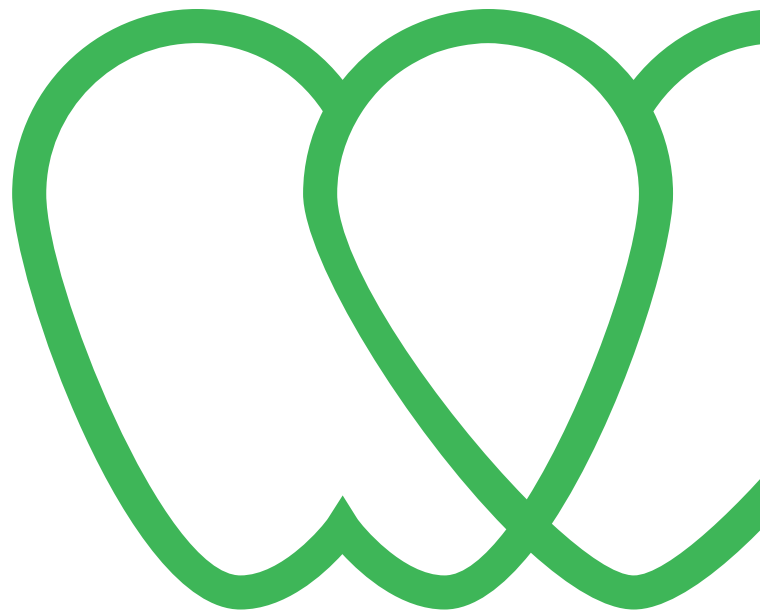
**Patient's Name:**

**Robert Clinton**

4310 Stage Coach Rd.  
Sydenham, ON K0H 2T0

T: 613.376.6652 / F: 613.376.6071

clintondentistry.com  
info@clintondentistry.com



# Patient Information

Mr.  Mrs.  Dr.  Ms.  Miss |  Married  Single  Divorced  Widowed

Patient's Name: \_\_\_\_\_ Address: \_\_\_\_\_

Age: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ City / Province: \_\_\_\_\_

Male  Female Postal Code: \_\_\_\_\_

Employed By: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

## Patient Guardian Information

If the patient is a minor, please fill out the box below:

Parent  Guardian

Address: \_\_\_\_\_ City / Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Who may we thank for referring you to our office? \_\_\_\_\_

## Insurance Information

We are a "fee for service" office and require payment at the time of service, therefore, we will gladly provide you with any information required each visit to make claim to your insurance company for reimbursement. Please let us know if you have any questions.

Insurance Company: \_\_\_\_\_ Insured's Name: \_\_\_\_\_

Group Number: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_

ID #: \_\_\_\_\_ Employer Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

I certify that the information in this document is correct to the best of my knowledge.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Medical History

Please answer the following questions as completely and accurately as you can. Also, please be as detailed as possible providing additional information you think is important. If you have any questions about this form, or your upcoming appointment, contact our office for assistance.

Please select **yes** or **no**. If yes, please explain on the lines provided.

Yes	No		
<input type="radio"/>	<input type="radio"/>	1. Do you have a current medical problem?	_____
<input type="radio"/>	<input type="radio"/>	2. Have you been told you have a heart murmur?	_____
<input type="radio"/>	<input type="radio"/>	3. Do you have any heart problems? What kind?	_____
<input type="radio"/>	<input type="radio"/>	4. Do you have high or low blood pressure?	<input type="radio"/> High Blood Pressure
			<input type="radio"/> Low Blood Pressure
		How is it controlled?	_____
<input type="radio"/>	<input type="radio"/>	5. Have you had rheumatic fever? When?	_____
<input type="radio"/>	<input type="radio"/>	6. Have you had pain in your chest or shortness of breath?	_____
<input type="radio"/>	<input type="radio"/>	7. Do your ankles swell?	_____
<input type="radio"/>	<input type="radio"/>	8. Has your physician ever told you that you are anemic?	_____
<input type="radio"/>	<input type="radio"/>	9. Have you ever had a stroke? When?	_____
<input type="radio"/>	<input type="radio"/>	10. Have you ever had epilepsy?	_____
<input type="radio"/>	<input type="radio"/>	11. Do you have diabetes? Is it controlled?	_____
<input type="radio"/>	<input type="radio"/>	12. Do you have fainting or dizzy spells?	_____
<input type="radio"/>	<input type="radio"/>	13. Do you feel like your sense of balance has changed?	_____
<input type="radio"/>	<input type="radio"/>	14. Do you have headaches? How often? Where?	_____
<input type="radio"/>	<input type="radio"/>	15. Do you take Aspirin, Advil, Tylenol or another pain reliever? How often?	_____
<input type="radio"/>	<input type="radio"/>	16. Have you been advised not to take any medication? What?	_____
<input type="radio"/>	<input type="radio"/>	17. Do you have asthma or hay fever? How is it controlled?	_____
<input type="radio"/>	<input type="radio"/>	18. Have you ever had tuberculosis? When?	_____
<input type="radio"/>	<input type="radio"/>	19. Have you ever had glaucoma? When?	_____

**Yes**    **No**

- |                       |                       |  |       |
|-----------------------|-----------------------|--|-------|
| <input type="radio"/> | <input type="radio"/> | 20. Have you ever had hepatitis? When?                                       | _____ |
| <input type="radio"/> | <input type="radio"/> | 21. Do you have arthritis?<br>How is it controlled?                          | _____ |
| <input type="radio"/> | <input type="radio"/> | 22. Have you ever had a tumor or cancer?<br>How was it treated?              | _____ |
| <input type="radio"/> | <input type="radio"/> | 23. Have you ever had any major<br>surgeries? What kind?                     | _____ |
| <input type="radio"/> | <input type="radio"/> | 24. Have you ever been injured in an<br>accident? When?                      | _____ |
| <input type="radio"/> | <input type="radio"/> | 25. Have you ever had a severe blow to<br>the head? When?                    | _____ |
| <input type="radio"/> | <input type="radio"/> | 26. Are your hands and/or feet cold?<br>How often?                           | _____ |
| <input type="radio"/> | <input type="radio"/> | 27. Is your diet medically supervised?<br>For what purpose?                  | _____ |
| <input type="radio"/> | <input type="radio"/> | 28. Do you have difficulty swallowing?                                       | _____ |
| <input type="radio"/> | <input type="radio"/> | 29. Do you have a feeling of something<br>stuck in your throat?              | _____ |
| <input type="radio"/> | <input type="radio"/> | 30. Do you ever have any facial pain or<br>pressure? Where?                  | _____ |
| <input type="radio"/> | <input type="radio"/> | 31. Do you ever have any pain or pressure<br>behind your eyes?               | _____ |
| <input type="radio"/> | <input type="radio"/> | 32. Are you aware of stiff neck muscles?<br>How often?                       | _____ |
| <input type="radio"/> | <input type="radio"/> | 33. Have you been in traction for a<br>neck injury? When?                    | _____ |
| <input type="radio"/> | <input type="radio"/> | 34. Have you ever had or been advised to<br>have neck surgery?               | _____ |
| <input type="radio"/> | <input type="radio"/> | 35. Do you have back pain? Where?  | _____ |
| <input type="radio"/> | <input type="radio"/> | 36. Do your ears feel itchy, stuffy<br>or congested?                         | _____ |
| <input type="radio"/> | <input type="radio"/> | 37. Do you have difficulty with pain in<br>your ears when changing altitude? | _____ |
| <input type="radio"/> | <input type="radio"/> | 38. Do your ears ring, buzz or hiss?<br>How often?                           | _____ |
| <input type="radio"/> | <input type="radio"/> | 39. Have you noticed any changes in<br>your hearing?                         | _____ |
| <input type="radio"/> | <input type="radio"/> | 40. Are you depressed?   | _____ |
| <input type="radio"/> | <input type="radio"/> | 41. Do you have emotional or<br>anxiety/nervous problems?                    | _____ |

**Yes**    **No**

42. Have you ever been treated for emotional or anxiety/nervous problems? \_\_\_\_\_
43. Have you gained or lost weight within the last year? Which:  
Weight: \_\_\_\_\_ Height: \_\_\_\_\_  Gained weight  
 Lost weight  
How much? \_\_\_\_\_
44. Do you take more than one alcoholic drink per day? How many? \_\_\_\_\_
45. Do you use tobacco? How much? \_\_\_\_\_
46. Have you had any other serious illnesses, hospitalization or accidents? Please explain: \_\_\_\_\_

Please list ALL medications, including supplements, and the dosage you are currently taking:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_  
5. \_\_\_\_\_ 6. \_\_\_\_\_ 7. \_\_\_\_\_ 8. \_\_\_\_\_

Please list any allergies to any **medications**:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

Other allergies:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

## Dental History

**Yes**    **No**

47. When was your last dental visit? \_\_\_\_\_
48. Have you been told that you have periodontal (gum) disease? \_\_\_\_\_
49. Do you have any existing problems with your teeth? Describe: \_\_\_\_\_
50. Is any dental treatment planned? Describe: \_\_\_\_\_
51. Do you bite your nails? \_\_\_\_\_
52. Have you ever had oral surgery? \_\_\_\_\_
53. Have you lost any teeth? From what cause? \_\_\_\_\_
54. Have the teeth been replaced? When? \_\_\_\_\_

- | Yes                   | No                    |   |       |
|-----------------------|-----------------------|---|-------|
| <input type="radio"/> | <input type="radio"/> | 55. Have you ever had orthodontic treatment? When?                                      | _____ |
| <input type="radio"/> | <input type="radio"/> | 56. Have you ever had extensive dental treatment? When?                                 | _____ |
| <input type="radio"/> | <input type="radio"/> | 57. Is any part of your mouth sensitive to temperature, pressure, food or drink? Where? | _____ |
| <input type="radio"/> | <input type="radio"/> | 58. Do you wear dentures or partial dentures? Are they comfortable?                     | _____ |

## TMJ History

- | Yes                   | No                    |  |                       |
|-----------------------|-----------------------|--|-----------------------|
| <input type="radio"/> | <input type="radio"/> | 59. Do you ever have a burning or painful sensation in your mouth?                               | _____                 |
| <input type="radio"/> | <input type="radio"/> | 60. Do you get popping, clicking, or grinding noises when you open or close?                     | _____                 |
| <input type="radio"/> | <input type="radio"/> | 61. Do you ever awaken with an awareness of your teeth or jaws?                                  | _____                 |
| <input type="radio"/> | <input type="radio"/> | 62. Are you aware of clenching during the daytime? How often?                                    | _____                 |
| <input type="radio"/> | <input type="radio"/> | 63. Have you ever been told you grind your teeth during sleep?                                   | _____                 |
| <input type="radio"/> | <input type="radio"/> | 64. Do you have trouble opening your mouth widely?   | _____                 |
| <input type="radio"/> | <input type="radio"/> | 65. Does your jaw ever lock open or closed? How often?   | _____                 |
| <input type="radio"/> | <input type="radio"/> | 66. Do you feel your bite is different, unstable or uncomfortable?                               | _____                 |
| <input type="radio"/> | <input type="radio"/> | 67. What professional advice or treatment have you had regarding your head, neck or facial pain? | _____                 |
| <input type="radio"/> | <input type="radio"/> | 68. If you sought treatment for a TMJ problem, did it help?                                      | _____                 |
| <input type="radio"/> | <input type="radio"/> | 69. Do you or have you had any pain in any of the following areas?                               |                       |
|                       | <input type="radio"/> | Jaw  | <input type="radio"/> |
|                       | <input type="radio"/> | Face   | <input type="radio"/> |
|                       | <input type="radio"/> | Teeth  | <input type="radio"/> |
|                       | <input type="radio"/> | Other: _____   | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> | 70. Do your jaw problems affect your ability to chew?  | _____                 |

**Yes**   **No**

     71. Has your diet changed due to your jaw problems? Describe:

\_\_\_\_\_

## Family History

**Yes**   **No**

     72. Do you have children? What are their ages?

\_\_\_\_\_

73. Current level of stress:

- Mild  
 Moderate  
 Severe

## For Women

**Yes**   **No**

     74. Are you pregnant? Expected delivery date:

\_\_\_\_\_

     75. Do you have a history of miscarriages? When?

\_\_\_\_\_

     76. Have you reached menopause?

\_\_\_\_\_

## Sleep, Snoring, and Apnea History

**Yes**   **No**

     77. Do you become easily fatigued? At what time of day?

\_\_\_\_\_

     78. Do you have problems with insomnia?

\_\_\_\_\_

     79. Do you sleep well? How long?

\_\_\_\_\_

     80. Do you dream? How often?

\_\_\_\_\_

     81. Do you have trouble falling asleep or staying asleep? Which:

\_\_\_\_\_

     82. Do you snore or have you been told you do?

\_\_\_\_\_

     83. Do you wake up with a headache?

\_\_\_\_\_

     84. Have you had chronic sleepiness, fatigue or weariness that you can't explain?

\_\_\_\_\_

     85. Do you often fall asleep reading or watching television?

\_\_\_\_\_

     86. Have you fallen asleep during the day against your will?

\_\_\_\_\_

**Yes**    **No**

87. Have you had to pull off the road while driving due to sleepiness? \_\_\_\_\_
88. Have you been more irritable and short tempered? \_\_\_\_\_
89. Have you felt that your memory and/or intellect is impaired? \_\_\_\_\_
90. Have you been told that you stop breathing while asleep? \_\_\_\_\_
91. About how many times per night do you wake up? \_\_\_\_\_
92. What time do you normally go to bed? \_\_\_\_\_  
Get up in the morning? \_\_\_\_\_
93. Of the hours you are in bed, about how many hours are you asleep? \_\_\_\_\_
94. Would you rate the quality of your sleep as:     Good     Fair     Poor
95. Do you have difficulty breathing through your nose? \_\_\_\_\_
96. Have you been diagnosed or treated for a sleep disorder? When: \_\_\_\_\_
97. Have any immediate family members been diagnosed or treated for a sleep disorder?
98. Have you ever had an evaluation at a sleep center?  
Sleep Center Name: \_\_\_\_\_  
Location: \_\_\_\_\_  
Sleep Study Date: \_\_\_\_\_
99. What professional advice or treatment have you received about your snoring or sleep apnea? \_\_\_\_\_
100. If you sought treatment for a sleep disorder, did it help? \_\_\_\_\_



## Sleeping Situations

How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life recently.

**Use the following scale and choose the most appropriate number for each situation:**

**0** = Would **never** doze

**1** = **Slight** chance

**2** = **Moderate** chance of dozing

**3** = **High** chance of dozing

- \_\_\_\_\_ Sitting and reading
- \_\_\_\_\_ Watching TV
- \_\_\_\_\_ Sitting inactive in a public place (e.g. A theater or a meeting)
- \_\_\_\_\_ As a passenger in a car for an hour without a break
- \_\_\_\_\_ Lying down to rest in the afternoon when circumstances permit
- \_\_\_\_\_ Sitting and talking to someone
- \_\_\_\_\_ Sitting quietly after a lunch without alcohol
- \_\_\_\_\_ In a car, while stopped for a few minutes in traffic

## CPAP Device

If you **have not** worn a CPAP device, **skip this section.**

**Yes**    **No**

- Do you wear a CPAP device **successfully** during sleeping? \_\_\_\_\_
- How many hours per night do you wear your CPAP? \_\_\_\_\_
- Have you tried other therapies for your sleeping disorder? Please list other therapies (weight-loss attempts, smoking cessation, surgeries, appliances, etc.) \_\_\_\_\_

## CPAP Difficulties

If you are unable to wear a CPAP device, please check below the reasons for your difficulty.

- Mask leaks
- Mask uncomfortable/device uncomfortable
- Unable to sleep comfortably
- Noise disturbs my sleep and/or my partner's sleep
- Restricts movement during sleep
- Does not seem to be effective
- Straps/headgear cause discomfort
- Pressure on the upper lip causes tooth related problems
- Latex allergy
- Claustrophobia
- Other: \_\_\_\_\_

# Nutrition

Which type of diet do you follow?

- Vegan
- Vegetarian
- Paleo
- Canada Food Guide
- Other

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How often do you eat fast food:

Week: \_\_\_\_\_ Day: \_\_\_\_\_

Do you have any questions about diet & nutrition?

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Would you like to speak to Sue, a Registered Holistic Nutritionist?

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# Complaints For Seeking Treatment

What are the chief complaints for which you are seeking treatment? Please order your chief complaints by number: **1** being the 1<sup>st</sup> or most important, **2** being the 2<sup>nd</sup> important, **3** being the 3<sup>rd</sup> less important, **4, 5, 6, etc.** List only those that apply.

Chief Complaint	Order	For Office Use Only
Jaw clicking/popping	_____	_____
Jaw joint noises	_____	_____
Jaw locking	_____	_____
Muscle twitching	_____	_____
Limited mouth opening	_____	_____
Dizziness	_____	_____
Headaches	_____	_____
Visual disturbances	_____	_____
Jaw pain	_____	_____
Facial pain	_____	_____
Ear pain	_____	_____
Back pain	_____	_____
Eye pain	_____	_____
Neck pain	_____	_____
Shoulder pain	_____	_____
Pain when chewing	_____	_____
Throat pain	_____	_____
Ear congestion	_____	_____
Sinus congestion	_____	_____
Ringing in the ears	_____	_____
Fatigue	_____	_____
Frequent heavy snoring	_____	_____
Snoring which affects the sleep of others	_____	_____
Significant daytime drowsiness	_____	_____
Stop breathing when sleeping	_____	_____
Difficulty falling asleep	_____	_____
Gasping when waking up	_____	_____
Nighttime choking spells	_____	_____
Feeling unrefreshed upon waking	_____	_____
Morning hoarseness	_____	_____
Swelling in ankles or feet	_____	_____
Other: _____	_____	_____
Other: _____	_____	_____

When did your symptoms first start?

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Was there a specific incident, accident or injury that seemed to trigger your symptoms?

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Do your present symptoms affect relationships with family and friends? If so, how?

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What are your expectations in seeking treatment at this time?

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What do you see yourself doing after treatment that you are not able to do now?

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Please use this space to tell us anything about your condition(s) that were not mentioned in this questionnaire:

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## Professional References

To better coordinate your treatment, please list the professionals you have consulted regarding your present symptoms. Please be sure to list your primary physician and other health practitioners. Please initial if you want us to send them a report from your visit.

### Family Physician

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Initial: \_\_\_\_\_

### Other

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Initial: \_\_\_\_\_

I understand and agree to have the indicated professionals I have listed above be sent initial information and ongoing updates regarding my diagnoses and treatment.

I do not wish to have my records sent at this time.

# Partner Survey

To help us with a proper diagnosis and appropriate treatment plan, have your partner, if applicable and available, fill out this questionnaire regarding **your** sleep habits. This information is vitally important for Dr. Clinton to best evaluate your current condition. **This is to be filled out by the patient's partner.**

Patient's Name: \_\_\_\_\_

**Yes**    **No**

1. Do you witness your partner snoring? \_\_\_\_\_
2. Do you witness your partner choking or gasping for breath during sleep? \_\_\_\_\_
3. Does your partner pause or stop breathing during sleep? \_\_\_\_\_
4. Does your partner fall asleep easily, if given the opportunity, during the day (normal wakeful hours)? \_\_\_\_\_
5. Do you witness your partner clenching and/or grinding his/her teeth during sleep? \_\_\_\_\_
6. Does the your partner refreshed upon waking? \_\_\_\_\_
7. Do your partner sleep habits disturb your sleep? \_\_\_\_\_
8. Does your partner sit up in bed, not awake? \_\_\_\_\_
9. Please check those sleep habits of your partner that are disturbing to you:
- |  |  |                                    |
|--|--|------------------------------------|
| <input type="radio"/> Snores                                 | <input type="radio"/> Biting tongue                  | <input type="radio"/> Restless     |
| <input type="radio"/> Wakes up often                         | <input type="radio"/> Kicking during sleep           | <input type="radio"/> Bed-wetting  |
| <input type="radio"/> Stops breathing                        | <input type="radio"/> Head rocking/banging           | <input type="radio"/> Grinds teeth |
| <input type="radio"/> Sleep walking                          | <input type="radio"/> Becoming very rigid or shaking |                                    |
| <input type="radio"/> Loud gasping for breath while sleeping | <input type="radio"/> Sleep talking                  | <input type="radio"/> Other: _____ |

## Sleeping Situations

How likely is your partner to doze off or fall asleep in the following situations, in contrast to just feeling tired?

**Use the following scale and choose the most appropriate number for each situation:**

- |  |   |
|--|---|
| _____ Sitting and reading  |   |
| _____ Watching TV  |   |
| _____ Sitting inactive in a public place (e.g. A theater or a meeting) | <b>0</b> - Would <b>never</b> doze          |
| _____ As a passenger in a car for an hour without a break              | <b>1</b> - <b>Slight</b> chance             |
| _____ Lying down to rest in the afternoon when circumstances permit    | <b>2</b> - <b>Moderate</b> chance of dozing |
| _____ Sitting and talking to someone                                   |   |
| _____ Sitting quietly after a lunch without alcohol                    |   |
| _____ In a car, while stopped for a few minutes in traffic             | <b>3</b> - <b>High</b> chance of dozing     |

Partner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Office Policies

Please take a moment to read our office policies and feel free to ask any questions you may have.

## Consent For Treatment

I hereby authorize Clinton Dentistry and designated staff to take x-rays, study models, photographs, electro-diagnostic studies and other diagnostic aids mutually agreed upon and deemed appropriate to make a thorough diagnosis.

Upon such diagnosis, I authorize Clinton Dentistry and staff to perform all recommended treatment mutually agreed upon by me and to employ such professional assistance as required to provide proper care.

I agree to the use of anesthetics, sedatives and other medication as necessary. I fully understand that using anesthetic agents embodies certain risks. I understand that I can ask for a complete recital of any possible complications.

I authorize the release of a full report of examination findings, diagnosis, treatment program and ongoing progress report to any referring dentist, physician, chiropractor or other health care professionals as indicated previously. I additionally authorize the release of any medical information to insurance companies for legal documentation to process predeterminations and claims. **I understand that I am responsible for all charges for treatment to me regardless of insurance coverage.**

## Financial Policy

Payment is expected the day of your procedure as outlined verbally and/or in the written financial arrangement. We accept cash, Master Card/Visa Debit. For our patients carrying medical insurance, we do not accept assignment of benefits. However, we are happy to assist you with your insurance billing as a courtesy, though financial responsibility lies with you. Please ask our Patient Coordinators about your insurance issues.

**I agree to be responsible for payment of all services rendered on my behalf or my dependents.**

I understand that payment is due at the time of service unless other arrangements have been made. In the event payments are not received as agreed, I understand that a late charge of 1.5% on monthly balances will be added to my account and my account may be turned over for legal collection of any overdue amount. Our goal is to eliminate "billing surprises" so let us help you plan your treatment carefully by addressing your financial concerns before treatment begins.

## Appointments

Should you need to cancel an appointment, we ask that you notify our office at least **24 business hours in advance**. If you fail to cancel your appointment appropriately or do not show up for your scheduled appointment, you will be charged a broken appointment fee of **\$100**.

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I have read and understand the Clinton Dentistry Consent for Treatment, Financial and Appointment policies. I have had all of my questions regarding these issues answered by a Patient Coordinator and agree to abide by these policies.

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Responsible  
Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship: \_\_\_\_\_ Witness: \_\_\_\_\_